



22 Little Green, Elmswell, Bury St Edmunds, Suffolk, IP30 9FB

Dear

Thank you for your enquiry about Amatsu Training. Amatsu is a two year part time course run from January to November accredited by Amatsu Therapy International and Institute for Complementary and Natural Medicine. The classes are run in a modular format. There are 8 Modules in each of years 1 and 2. There are 22 full teaching days in each year. These teaching days are grouped into mostly 4 day blocks and with a revision weekend in October and a 2 day exam weekend in November. Dates for subsequent years will follow a similar format. Do have a look at our [website](#) to see the dates listed.

Year 1 (Anma)

Emphasis in first year is on body movement with Anma (Japanese Massage) of the muscles and fascia, and diagnostic skills including Muscle Testing. After successfully completing the examinations, you will qualify as an Anma practitioner. The pre-requisite to learning is a qualification at Level 3 in Anatomy and Physiology, and be educated in English to at least Level 3. We can give guidance on suitable Anatomy and Physiology courses, just ask us for more details.

Year 2 (Seitai)

The focus in second year is working with the ligaments and structural elements of the body. Diagnostic procedures and orthopaedic testing are taught so individualised balances can be given. Treatment tools include body movement with Seitai (kinetic induction) and after successful completion of the second year you will qualify as an Amatsu practitioner.

During the first and second year courses we cover Philosophy of Amatsu, Anatomy and Physiology, Muscle Testing, Anma Massage, Meridian Therapy, and Body Movement (Taijutsu). Lectures will be delivered by the dynamic teaching team of Jane Langston, Taz Faruqi, Mark Evans and Gina Croft, and will be supported by a team of teaching assistants who are all passionate about Amatsu. The course is Fun! It is our intention that you will by continually learning, that your mind remain open - let it be your intention to know more!

Year 3 (Shinden)

There is an optional third year of study on the viscera of the body, how their attachments affect the structure of our bodies, and how restrictions can be released using body movement with Shinden Jutsu (release of viscera and their ligamentous attachments).

Optional Acupuncture Diploma and BSc in Oriental Medicine

Exciting new developments and collaboration with American Liberty University has meant that the Amatsu Training School Ltd is now able to offer these courses in conjunction with the Academy of Oriental Medicine.

PRE-REQUISITES TO LEARNING:

- Educated to at least Level 3 in English and Science (Biology)
- Achieved Level 3 Anatomy and Physiology – we have excellent links with Essential Training, who offer quality online learning. Contact us if you wish to undertake this training prior to starting your course.
- Keen interest in therapies and health
- Passion for learning

COURSE COSTS:

A non-refundable deposit of £600 will secure your place on the course.

	Balance *	Cost if paid in full (including deposit)	Monthly instalments	Total cost if paid in instalments
Year 1	£600	£2800	£200	£3000
Year 2	£600	£2800	£200	£3000

* Non-refundable deposit paid each year includes costs for course text books, student membership of Amatsu Therapy International fees, first year student insurance, examination fees and course modules.

I hope the enclosed information helps you to make a decision to join us. If you have any further questions, please contact us. Interviews or a visit to the current course can be arranged by telephone or email.

Yours sincerely,

Jane Langston
Course Tutor and Managing Director
The Amatsu Training School

Winner – Outstanding Contribution to Complementary Therapy - ICNM 2015

Winner – Best Adult Learning Provider - What’s On 4 Me Awards 2014

Finalist – Most Inspirational Tutor (East) - What’s On 4 Me Awards 2104

Winner - Best Complementary Medicine Company - ICNM 2012

BOOK LIST:

The following books are included in the cost of your course and you will be supplied with them on receipt of your deposit. This deposit will ensure a place for you on the next Anma course. You will be using these books during your entire course - for all years.

- **Trail Guide to the Body (including Student Handbook)** Andrew Biel
- **Introduction to Anatomy and Physiology** Louise Tucker (Year 1)
- **Anatomy and Physiology** Ruth Hull (Year 2)

Suggested Reading List:

The books below are suggested as good reading, but not supplied by the school

1. **Zero Balancing – touching the energy of bone** John Hamwee
2. **Energy Medicine** John Hamwee
3. **Power vs Force – the Hidden Determinants of Human Behavior** David R. Hawkins, M.D., Ph.D.
4. **Inner Bridges:** Fritz Frederick Smith, M.D.
5. **Bodywise** Joseph Heller & William A. Henkin Published by Wingbow Press ISBN 0-914728-73-3
6. **The Endless Web – Fascial Anatomy and Physical Reality** R. LouisSchultz, PhD Rosemary Feitis, DO
7. **Energy Medicine – The Scientific Basis** by James L. Oschmann
8. **Medical Dictionary** (Available in all good bookshops)
9. **Surface Markings and Anatomy** Derek Field, Butterworth Heinemann ISBN 0-75064618-7
10. **Touch for Health.** John Thie 0-87516-180-4
11. **Zen - Body Being:** by Peter Ralston and Linda Ralston
12. **Hands of Light – A Guide to Healing Through the Human Energy Field** Barbara Ann Brennan
13. **Anatomy of Movement Exercises** Blandine Calais-Germain, Eastland Press ISBN 0-939616-22-X
14. **The Human Body.** Jane de Burgh 1-84013-538-7
15. **The Sciences Good Study Guide.** Andrew Northledge et all. The Open University Press 0-7492-3411-3
16. **Sport and Remedial Massage Therapy.** Mel Cash 0-09-180956-8
17. **Applied Kinesiology (synopsis).** David S Walther 0-929721-00-4
18. **Atlas of Human Anatomy** Frank H. Netter, M.D. 192900711-6
19. **The Physiology of the Joints, Volumes 1, 2&3.** I.A. Kapandji 0-443-01209-1

All the above books are readily obtained from Amazon Books on the Internet and the training school library contains most of these books if you wish to borrow them, rather than purchase.

Application Form for Anma & Seitai Course

SECTION ONE – Personal Information

Name	
Address	
Telephone	
Mobile	
Email	
Date of Birth	
Current Employment	
Educational background & relevant training courses	
Complementary/ medical training or experience	
Medical /Health or Social conditions which may impact on your ability to complete the course and/or practice Amatsu?	
Have you under current or previous trading titles been convicted of any criminal offence, other than motoring, or are there any prosecutions pending?	

SECTION TWO – Amatsu Experience

Please explain briefly how you heard about Amatsu.

Have you received Amatsu Treatments and whom is your practitioner?

Please detail any other Amatsu experiences

SECTION THREE – The Course

Why do you want to do the course?

What personal qualities do you possess that will help you complete the course?

What difficulties do you anticipate in studying and completing the course? How do you think you will be able to overcome them?

Please describe how you will integrate the time commitment and workload into your current lifestyle?

What are your goals after qualifying?

What qualities do you possess that will enable you to become a good Amatsu Practitioner?

What concerns do you have about the course?

Have you applied for an Amatsu Training course before? If yes, please give details.

All information provided will remain private and confidential. If necessary, continue on additional sheets of paper. Ensure additional sheets are clearly numbered and state which section they relate to.

SECTION 4 – DECLARATION

I confirm that the above information is, to the best of my knowledge, true and accurate. I have read the Student Charter and Terms & Conditions of the course and agree to abide by them

Signed:

Dated:

Terms and Conditions

1. a) Bookings must be made by email, via The Amatsu Training School (ATS) website, letter or telephone. Telephone bookings must be confirmed in writing within 7 days.
b) Deposits are non-refundable. You are entitled to request a refund of all monies paid within the first 7 days of enrolment under the Distance Selling Regulations. This application must be made in writing to our Head Office. Any course materials must be returned in unused condition, at the applicant's expense. Any used course materials will be deducted from the refund. Failure to cancel within 7 days of enrolment will commit you pay the course fees.
2. Payment in full should be made at least four weeks prior to course start date or in advance with your booking. Payment of fees by instalments is possible upon request and must be paid by 16th of each calendar month. If the course payments are not up to date at the time of a course weekend, you will not be eligible to attend.
3. Should circumstances mean that you need to transfer to another Amatsu Therapy International accredited course, then the following charges will apply dependant on notice given:
 - More than four weeks prior to course start date – no charge
 - Two to four weeks notice given – 25% of course fee
 - Less than two weeks notice given – 50% of course fee
4. If you have to cancel your course without transferring your booking to another date at the time of cancellation, the following charges will apply:
 - More than four weeks prior to course – no charge
 - Two to four weeks prior to course – 50% of total course fee
 - Less than two weeks prior to course – full fee – i.e. no refund
5. Requests for cancellation or transfer must be in writing and received by ATS Ltd by the due date.
6. If you do not attend a course, and have not previously informed us in writing as set out above, the full course fee remains payable.
7. If you arrive late for a course, are absent from any session, or fall behind with your homework and case studies, we reserve the right to refuse to accept you for training if we feel you will gain insufficient knowledge or skill in the time remaining. In all such cases the full course fee remains payable. If you are absent from any session, you will have to catch up the lessons on a one-to-one basis with the teaching team, and a fee of £300 per day will be charged.
8. On occasion for unforeseen circumstances ATS Ltd may find it necessary:
 - a) To cancel a course. In such circumstances, you will be given as much notice as possible and the offer of a free transfer to another course date, or a full refund of fees paid
 - b) Tutors may be changed without prior notice in instances of unforeseen circumstances. The location and date of the course will be as advised to you at the time of booking. ATS Ltd reserves the right to change the location of the course and will advise you as soon as this change is known.
9. If, having begun a course, for whatever reason you fail to complete it, then at the discretion of ATS Ltd, some part of the course fee may be refunded. The managing director's decision is final.
10. Students are required to comply with the standards listed in the accompanying Student Charter.
11. In the unlikely event that you need to retake a subject you will be entered for the next available exam date. This will be subject to the current fees which are charged by the examining body. Resit expenses and examination fees will be paid by the student.
12. You accept that it is your responsibility to verify that the courses you apply for are suitable for your requirements and that you have the necessary level of competence and prerequisite qualifications where necessary to be able to achieve the objectives of the course.
13. The copyright and all other intellectual property rights in all course materials shall remain the sole and exclusive property of ATS Ltd. You undertake that you will not copy or permit the copying of course materials, nor disclose or permit the disclosure of, or sell or hire the same to third parties, nor use the same for running your own courses.
14. Due to the high costs involved in attending a training course, we strongly advise that you obtain insurance for the following:
 - Cancellation of training course
 - Postponement of training course
 - Travel
 - Hotel/Accommodation

Name	Signature	Date

